

# MWAS Athlete Goal Planner

Goals need to be Specific, Measurable, Achievable, Realistic and Time bound

**Your goals: What do you want to achieve from your scholarship over the next twelve months?**

**The Strategy: Looking at both what you personally want to achieve and what your team wants, what are the important things that you need to do to simultaneously to achieve your's and the team's desired outcomes?**

**Team goals: What do we want to achieve?**

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**Other thoughts on what success to this team would look like?**